

# Knowsley Central School

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## Weekly Newsletter

Friday 22nd January 2021

### Important Notice:

- We are continuing with the staggering drop off and pick up times as follows:

Method of Transport:	Arrival time:	Departure time:
Bus	8.30 – 9.00am	2.50 – 3.05pm
Dropped off by parent/ carer	9.05 – 9.15am	3.05 – 3.15pm

- We strongly advise all parents and carers to wear a face mask upon entering the school premises and must keep at least two meters apart. Only two people are allowed in the school reception area and must wear a face mask. Thank you for your cooperation.

Thank you to those who have completed the Blended Learning survey that was sent out via our school App. If you have not done so already can you please complete as your feed back is extremely valuable.



Activities week commencing 25th January 2021		Class
Mon	Soft Play	Blossom / Chestnut
Tue	Soft Play	Apple
Wed	Soft Play	Willow / Holly
Thu	Soft Play	Maple / Mulberry
Fri	Soft Play	Juniper

### Friendship Award

The pupils and staff are Identifying acts of kindness throughout the school.

This weeks award goes to:

**Blossom:** Sophia  
**Apple:** Kian  
**Maple:** Antony  
**Juniper:** Elliott  
**Willow:** Daniel  
**Holly:** Reuben  
**Chestnut:** George  
**Sycamore:** Lilly May  
**Mulberry:** Alfie  
**Redwood:** Riley  
**Rowan:** Neil

Holiday Dates 2020/2021	Break Up	Return
February Half Term	Friday 12th February 2021	Monday 22nd February 2021
Easter Holidays	Wednesday 31st March 2021	Monday 12th April 2021
May Half Term:	Friday 21st May 2021	Monday 7th June 2021
Break up for Summer	Friday 16th July 2021	



# MENTAL HEALTH BITESIZE TRAINING VIA ZOOM

- **Post-Traumatic Stress Disorder** - 11th January, 1st, 22nd February & 15th March
- **Attachment** - 26th January, 23rd February & 16th March
- **Managing a child's worry** - 19th January, 9th February, 9th & 30th March
- **Resilience** - 14th January, 4th, 25th February & 18th March
- **Social media** - 7th December, 18th January, 8th February, 1st & 22nd March
- **Embracing uncertainty** - 5th, 27th January, 24th February & 17th March
- **Understanding my stress response** - 6th January, 2nd February, 2nd & 23rd March
- **Adolescent brain** - 3rd December, 14th January, 4th, 25th February & 18th March
- **Managing a teenagers worry** - 20th January, 10th February, 10th & 31st March
- **Self Harm** - 10th December, 21st January, 11th February, 4th & 25th March
- **Eating disorders** - 7th December, 22nd January, 12th February, 5th & 26th March
- **Suicide Awareness** - 10th December, 25th January, 16th February, 8th & 29th March
- **Grief and Loss** - 12th January, 3rd February, 3rd & 24th March
- **ACEs** - 28th January, 18th February & 11th March

To book on - please visit

[www.liverpoolcamhs.com/training](http://www.liverpoolcamhs.com/training)



## ***Lockdown school places should only be taken up if it's absolutely necessary***

11 January 2021

With rising rates of infection and demand for places being significantly higher than during lockdown last year, parents and carers in Knowsley are being asked to consider whether it is absolutely essential for their children to attend school (including nurseries located at school).

Government guidance, issued on Friday 8 January, states that even if you are a critical worker, if your child or children can remain at home rather than attend school or Nursery, on some, or all days, then they should.

All schools in Knowsley are open to vulnerable children and the children of critical workers during lockdown. However, schools are already reporting a significant increase in demand for places compared to the first lockdown in 2020.

This increase is proving challenging as schools are trying to keep their class bubbles to a smaller size to minimise people from different households mixing, reduce transmission of the virus and the impact of someone testing positive in that bubble.

In addition, schools are facing reducing workforces as more staff are self-isolating as well as staff being diverted to deliver lessons remotely and supporting pupils at home.

Given Knowsley's rising infections rates (which now stand at 1,270 per 100,000), the Council's Leader (Cllr Graham Morgan) and Cabinet Member for Children's Services (Cllr Margaret Harvey) have today written to parents and carers urging them to access remote learning wherever possible.

They warn that school leaders may, as a last resort, have to prioritise the return of children based on individual need and to ensure the schools remain safe for all pupils and staff.

**Cllr Graham Morgan, Leader of Knowsley Council, said:** "Our schools continue to work so hard to support families throughout this pandemic but we already know that many of our schools and settings are experiencing high demand for places.

This is placing additional pressure on them to manage demand and deliver high quality remote learning alongside on-site provision. And of course, that all comes along with their ongoing work to keep school environments safe and keep bubbles as small as possible to reduce transmission of the virus. It is a big challenge."

**Cllr Margaret Harvey, Cabinet Member for Children's Services, added:** "We know that school places are absolutely essential for some of our families here in Knowsley.

We have many parents and carers working on the frontline in our hospitals and many hundreds more in the care sector. We also know that maintaining face to face learning for some children is essential to their wellbeing. That's why our schools are working so hard to maintain this provision.

Our Headteachers are having to prioritise places so we are asking parents to request critical worker schools places only if it is absolutely necessary. If you can keep your child or children at home, then please do.

High quality remote learning is being provided by schools so that pupil learning can continue at home and our school staff are available to support families with this."

### **What to do if you have symptoms**

If you start to experience symptoms of COVID-19 then you and your household and support bubble **must isolate immediately** and book a test. The main COVID-19 symptoms are a high temperature, a new continuous cough and a loss or change to your sense of smell or taste.

You can book a test online <https://www.gov.uk/get-coronavirus-test> or by calling 119. Remember if you do test positive, you and your household, support bubble and close contacts must self-isolate for 10 days to prevent the further spread of the virus.