

In Class Redwood and across school, we follow the 5 Ways to Wellbeing Model.

Below are some snapshots of how we ensure our pupils' wellbeing needs are looked after.



The 5 Ways to Wellbeing

 CONNECT	 BE ACTIVE	 TAKE NOTICE	 KEEP LEARNING	 Give
TALK & LISTEN, BE THERE, FEEL CONNECTED	DO WHAT YOU CAN, ENJOY WHAT YOU DO, MOVE YOUR MOOD	REMEMBER THE SIMPLE THINGS THAT GIVE YOU JOY	EMBRACE NEW EXPERIENCES, SEE OPPORTUNITIES, SURPRISE YOURSELF	Your time, your words, your presence



“Anyone who has never made a mistake has never tried anything new.”