

Knowsley Central School

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 @CentralKnowsley



Friday 21st September 2018

Weekly Newsletter

**WEAR
JEANS
CHANGE
LIVES.**



Thank you for your support, we raised
£ **122.05**

Thank you also to parents and staff
who donated cakes.

Jeans for Genes Day is the annual fundraising campaign for Genetic Disorders UK, the national charity that supports individuals and families affected by a genetic disorder.



- **Afterschool clubs this Wednesday 26th will be cancelled due to staff training.**
- School Dinners & Packed Lunches
Please ensure that the school office is notified immediately should you wish your child to change from a school dinner to a packed lunch or vice versa. The kitchen staff work very hard to ensure the correct amount of meals are prepared without wastage and the Local Authority collect numbers each week so this information is vital for Census purposes. Should you wish to discuss your child's lunch arrangements at any time, please contact Jayne in the office.
- **Snack:** Please send in £1 each week to contribute to the cost of providing a nutritious snack which includes fresh fruit along with the option of breakfast club each morning.
- Reminder that all footwear must be black. Please also ensure that your child's items are labelled.



Great news!!! The school telephone number will no longer show up as 'unknown' and you will be able to identify that it's school calling! Please make a note and answer all calls 0151 477 8450 Many thanks.

- If your child has a medical appointment, we need to see evidence i.e. Copy of appointment letter

Activities week commencing 24th September		Class
Mon	Swimming am	Sycamore & Chestnut
	Soft Play	Blossom
	Meet the Teacher	Willow
	Badminton	Redwood
Tues	Soft Play	Apple
	Meet the Teacher	Juniper, Blossom & Holly
Wed	Soft Play	Willow
Wed	Meet the Teacher	Sycamore, Mulberry & Redwood
Fri	Badminton	Rowan
Fri	Meet the Teacher	Rowan, Maple & Apple

- Please see attached flyer from NHS regarding ASC dietary support. If you are interested, please contact our office for a referral form.
- Apologises the Nasal Flu immunisations will take place on 18th November.

Meet the Teacher Sessions

We will be holding a series of coffee mornings to meet your child's new teacher.

Dates are as follows:

Willow Mon 24th 10am -10.30am

Juniper Tue 25th 9.30am - 10am

Blossom Tue 25th 10.15am - 10.45am

Holly Tue 25th 11am - 11.30am

Sycamore Wed 26th 9.30am - 10am

Mulberry Wed 26th 10.15am - 10.45am

Redwood Wed 26th 11am - 11.30am

Chestnut Thurs 27th 9.30am - 10am

Rowan Fri 28th 9.30am - 10am

Maple Fri 28th 10.15am - 10.45am

Apple Fri 28th 11am - 11.30am

After School Clubs

Clubs are as follows:

KS 1&2

Tuesday Baking

Tuesday Lego

Wednesday Football

Wednesday Art

KS3

Tuesday Gym

Wednesday Games

Please be advised that there will be no club on Wednesday 26th September due to staff training.

There will also be no clubs in the last week of half term (week commencing 15th October) instead there is going to be a disco / film night, more details to follow.

All clubs are now full.



This Weeks Awards

Head Teachers Lunch

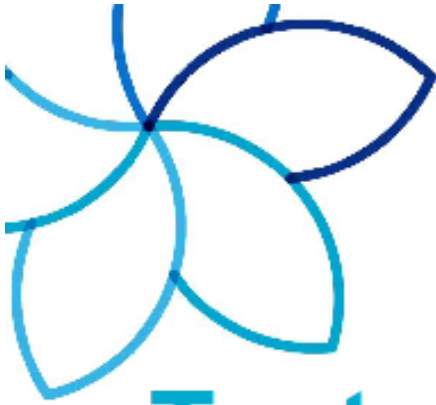
Will be announced on Monday

Friendship Award

The pupils and staff are identifying acts of kindness throughout the school.

This weeks award goes to:

Blossom	Finley
Apple	Poppy
Maple	Kieshia
Juniper	Owen
Willow	Lauren
Holly	Robert
Chestnut	Hari
Sycamore	Liam
Mulberry	William
Redwood	Alfie
Rowan	Scott



NHS

**North West
Boroughs Healthcare**
NHS Foundation Trust

Taste Buddies

What is Taste Buddies?

Taste Buddies is a community-based group programme, run by dietitians, for parents/carers of children with restricted diets living in the Knowsley or St. Helens area.

Using the latest evidence around restrictive dietary intakes and by consulting with experts in occupational therapy, speech therapy and specialist teachers we have developed a group to support your child's needs.

What will happen at Taste Buddies?

- You will be invited to four interactive group sessions; sessions last for one hour and 30 minutes
- Receive support from other parents/carers
- Set realistic expectations around changing your child's diet
- Enhance your understanding of why eating difficulties may have developed, and gain the skills to assess and help your child

How do I opt in?

If you are interested in attending this group, contact your GP, your child's health visitor or school nurse who can refer you to the Community Dietitians Service.

For more information contact:
Community Dietitians
0151 290 4330
dietitian@nwbh.nhs.uk

Supporting our communities to **live life well**

