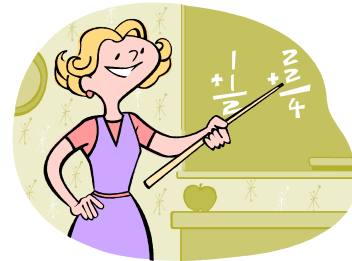
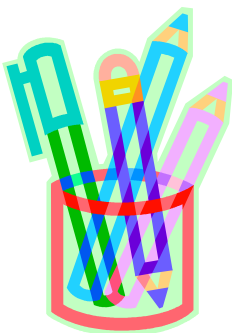


SpLD Parents' Workshop



Ideas to help your child with Reading and Spelling



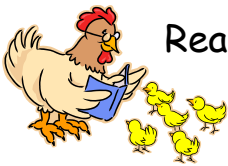


Smile and encourage!

Learning to read and spell can be very difficult.
They need your support.



Set aside time to read everyday. Just 5 or 10 minutes each day makes a difference.



Read to them sometimes, take turns reading the pages.
This will help your child understand and keeps the story moving along.

No reading book.....? Use comics, read a cereal packet or the instructions for a game. Read about a hobby or what's on TV that evening.



Join the library. It's great for different types of books you can share.



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Use a memo board or notebook and write messages for your child to read and reply to.



What would you like for breakfast/ lunch or tea?
Is it football training tonight?
Have you tidied your bedroom?

Cook or bake with your child. They can read recipes, measure ingredients, talk about the recipe and learn to sequence the steps correctly.



You can also have a healthy fruit salad or chocolate cake at the end!



Encourage them to keep a journal or write short stories. A scrap book with photographs, postcards and other mementoes is a great reminder of a holiday or day trip.



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Talk about events that have happened in a book or on TV.

What will happen next?

Why do you think?



Think about those moments at the end of Eastenders...

Use coloured post-it notes, coloured pens and paper to help them learn spellings. Put the list of words to learn somewhere that you can both see them easily e.g. the fridge. Then you can learn words one at a time and check them easily. Add a wipe-off board for them to write on and regular learning is much easier.



Help your child to be organised. Have pictures and a weekly timetable to remind them when PE kits, homework, letters or music lessons are at school. Support them to become independent. Remind them and don't always do things for them.



Make sure they have enough sleep. Regular, undisturbed sleep is very important to help their memory and concentration especially on school nights.

